

RKC

Riccarton Korfball Club



MIXED TEAM SPORT · EXCITING · FRIENDLY · DYNAMIC

www.rkc.korfball.org.nz

Summer League

2009/2010

What?

Over the summer, Riccarton Korfball Club will be running our 4th annual Summer League. This social outdoor competition is a great way for new players to learn korfball or existing players to improve your game. Mixed teams of eight players play round-robin games each Tuesday evening.

When?

Tuesdays, 6.00pm-8.00pm
27 Oct to 15 Dec 2009 (excluding 10 Nov – Cup Day),
then 26 Jan to 16 Mar 2010 (23 Mar – rain day)

Where?

The competition will be held outdoors (on grass)
at Hagley Park Oval, South Hagley Park
(off Riccarton Ave)

How Much?

\$400 per team (includes 10 team t-shirts)
RKC members (up to a max of 4 per team) play free.
Please contact Boyd Kedzlie for information on this.

Registration!

Registration forms are available from
rkcsommerleague@gmail.com or via the
RKC website

Have a Go!

Free 'Have A Go' sessions will be held on
Tuesday, 29 September and Tuesday, 6 October 2009
from 6.00pm.

To Find Out More!

For more information please contact the
Summer League Organiser
(rkcsommerleague@gmail.com or 351 2999)

A bit about Korfball ...

Korfball is a ball sport played by hand. It is in the same sporting family as netball and basketball, with the object of the game being to score through a 'korf' (Dutch for 'basket') on a pole. It also has similarities with sports such as soccer and touch.

It is fast, dynamic and a challenging aerobic workout. By passing and quick movement players must elude their personal opponents to shoot the ball through the korf. In the standard game, teams consist of eight players – four male and four female. The korf is set in from the end of the playing area, enabling shots from 360 degrees. Players assume either attack or defence roles. After two goals, defenders and attackers switch – placing emphasis on the development of all-round skills: each player should be able to defend, attack, shoot and support his or her team-mates.

Korfball is the world's only mixed team sport. As such, it has a unique social dimension. It takes just a few minutes to learn, but for those who take it seriously, a lifetime to perfect.

Korfball for Kids

Korfball was originally developed for school children in Amsterdam in 1902. Although it is now played by all ages, it remains an ideal sport for children to play.

As a mixed team sport, korfball is particularly well suited to families. Because the defending rule promotes equality and teamwork, young players of varying ability, experience and age can enjoy a game of korfball together while learning the importance of co-operation within the structure of the game.

Korfball's rules are simple and can be picked up quickly by anyone, especially children.